

ST GEORGE DIVISION OF GENERAL PRACTICE INC

**41 Dora Street. Hurstville 2220
2044**

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REGIONAL MEDICAL ADVISORY COMMITTEE MEETING

MINUTES 26 MAY 2010

Chairperson: Dr K. Stelter
Division CEO

Time started: 0700hrs

Secretary: Raelene Elliott

Time Finished: 0800hrs

Present: C. Gailer (DDON Huntingdon Nursing Home), J. Scott (Peakhurst Lodge), Bernie Hikaka (Homewood Care), Dorothy Fardel (Homewood Care), Agnes Wong (Ibis Care), Terri Bell (Ibis Care Blakehurst), Pattie Tims (Shangri La Nursing Home), Merlene Anderson (Shangri La Nursing Home) Allison Murphy (Ibis Care), Ray Voisin (DON Hillcrest Nursing Home), Joanne Schambra (Ibis Bexley), Esther Barnes (Sans Souci Gardens), Marie Bridges (Sans Souci Gardens), Sonia Snushall (Scalabrini Village), Heather Robertson (Scalabrinin Village), Stephanie Romano(Scalabrinin Village), Teresa Callaghan (Rockdale Nursing Home), Maragret Boatwright (DON Scalabrini Village), T. Mataio (Roberts Lodge), Vikki Warner (Uniting Care), Eliza Cheung (Fairlea Nursing Home)

Pharmacists: S. Hijazi (Carlton Railway), J. Boian (Boians Night Chemist), A. Blinco (Kennedy Healthcare), A. Buxton (Accredited Pharmacist Shangri La)

Drs; J. Martel, S. Daniel, and Dr Windsor

St George Staff: N. Cordato (Geriatrician St George Hospital), O. Paulik (Aged Care CNC)

Consultant: K. Sharp (Wound Care Specialist)

Division Staff : S. Johnston (GP Liason Officer)

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1. **Apologies** J. Graham (St George Hospital Discharge CNC), M. Soui (Uniting Care CNC)

2. **Previous minutes approval:** The minutes of the previous meeting were formally approved

3. **Business previous minutes / comments and complaints:**
Nil

4. **Legislation and Policy changes:** NSW Health Coroners Cases and the Coroners Act 2009 PD 2009_ 083

5. Medication management

5.1 Department response to end of life drugs: Correspondence has been received from the Acting Chief Pharmacist, Pharmaceutical Services NSW Health, use in End-of-Life care in RACFs. A copy of the letter is enclosed.

It was pointed out that some medical practitioners have a reluctance to initiate an End-of-Life pathway for residents in high care facilities. Details regarding the use of this tool for Palliative care residents will be placed in the next Division newsletter. R. Elliott

5.2 5TH Pharmacy Agreement: As from the 30 June HMMR/RMMR will not be facilitated by the Divisions Pharmacist. GPs and Pharmacists can continue with the reviews independently. Prices of generic medication as well as the cost of dispensing should be reduced.

J. Boian pointed out that the agreement also supports the use of resident medication cards as prescriptions and this concept may be implemented as early as next year.

5.3 Supply of scripts: A general comment was made concerning the delay in GPs providing scripts for resident medication in a timely manner.

Additionally concern was raised about drugs being prescribed for residents whilst they are in hospital which are not on the national health. Dr Cordato will discuss this issue with Prof Smerdely and other relevant hospital staff

6. Other Business

6.1 Returning residents from hospital after 5pm or weekends: Please contact the After hours senior nurse manager with concerns regarding this issue in order to defer transfer. Furthermore

DONs/ Managers with concerns are asked to contact Jane Graham (Discharge CNC) in the first instance or Olivia Paulik with resident details so as process may be looked at to avoid this occurrence.

Discharges that do not have accompanying discharge letters are to be discussed with Jane Graham as mentioned above.

6.2 Discharge medications for weekend use: Report any discharge supply problems to Jane Graham ASAP. Drugs started in hospital are not on the PBS and are therefore too expensive to continue in the community. The practicalities of this concern will be raised by Dr Cordato with Prof Smerdely and the aged care team.

6.3 Writing of Authority scripts: Concern still continues over the prescription of authority medication in hospital and thus the availability of these medications on discharge. Dr Cordato will address this issue with the aged care team

6.4 Advanced care planning symposium: Scheduled for the 9th June at St George Leagues club.

6.5 Advanced care planning consumer CD and Advanced care planning resource folder: Hunter New England health have released an educational CD on Advanced Care Planning. Each facility will receive a copy to play to staff and carers Additionally, South Eastern Sydney Illawarra Health has released its Advanced Care Planning in Residential Care Project folder which will be disseminated to participating RACF

6.6 Yellow envelopes: continue to be circulated. Additional envelopes are available from the Division.

6.7 Allied Health Access Initiative: To be used for low care residents who have an existing medical condition. Requests for allied health professional services are made through the Division by contacting Raelene Elliott (ph 9585 2044)

6.8 Changes in the Coroners Act: Changes now include the following:

The term *reportable death* is defined as a death that occurs in any of the following circumstances:

- (a) the person died a violent or unnatural death
- (b) the person died a sudden death the cause of which is unknown
- (c) the person died under suspicious or unusual circumstances
- (d) the person died in circumstances where the person had not been attended by a medical practitioner during the period of ***six months*** immediately before the person's death
- (e) the person died in circumstances where the person's death was not

the reasonably expected outcome of a health related procedure carried out in relation to the person, and
(f) the person died while in or temporarily absent from a declared mental health facility within the meaning of the *Mental Health Act 2007* and while the person was a resident at the facility for the purpose of receiving care, treatment or assistance

Please refer to the NSW Health Policy Directive (Document number: PD 2009_083) Coroners Cases and the Coroners Act 2009

6.9 New Aged Care Facility in Hurstville: Located in Romani ave Hurstville.

6.9.1 Day care service: Ibis at Bexley has opened a respite day care facility. Full days or half days can be organized. For bookings contact Alison Murphy ph ;9547 2400

6.10 End of Life Pathway: 13 Hospital transfers have been avoided as a result of residents being placed on an End Of Life Pathway in the RACF. This figure was obtained via a telephone survey. Ongoing education regarding the use of the pathway will continue as needed.

8. Next meeting: 25TH August 2010