

South East Sydney Area

GP Shared Antenatal Care Protocol Summary April 2008

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
GP 6-10 wks	<ul style="list-style-type: none"> ➤ History and examination ➤ Provide details of hospital services and options of care ➤ Assess interest in and suitability for GP shared antenatal care ➤ Commence yellow antenatal card & complete booking referral form, and obtain patient consent for information sharing. <p><u>ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> • FBC • Blood group and antibody screen • Haemoglobin EPG (as per hospital guidelines) • Rubella serology • Syphilis screening (ELISA) • Hepatitis B surface antigen • Varicella VZ IgG (if not sure of previous exposure) • <u>Offer</u> HIV antibody and Hepatitis C antibody screening (with appropriate counseling) • MSU for M/C/S • Pap smear if due <p>Ensure copies of all tests are sent to appropriate ANC</p> <p><u>OPTIONAL TESTS:</u></p> <ul style="list-style-type: none"> • 10-12 weeks Chorionic Villus Sampling (CVS) • 11-13 weeks Nuchal translucency +/- PAPP-A & Free βhcG • 14-16 weeks Amniocentesis <p>Ensure copies of all tests are sent to ANC</p>	<p>Early Pregnancy Information</p> <p><i>Options for care</i></p> <p><i>Previous experience/expectations</i></p> <p><i>Pathology tests/results</i></p> <p><i>Nutrition & exercise in pregnancy</i></p> <p><i>Pelvic floor exercises</i></p> <p><i>Reducing smoking/quitting</i></p> <p><i>Breastfeeding Information</i></p>
ANC 10 -14 wks (booking visit)	<ul style="list-style-type: none"> ➤ <i>Complete history and booking details</i> ➤ <i>Discuss all suitable options/models of care available within the hospital</i> ➤ <i>Assess interest in and suitability for GP antenatal shared care</i> ➤ <i>Offer & arrange fetal morphology ultrasound at 18-20 weeks</i> ➤ <i>Consider discussing Optional tests where indicated as above</i> ➤ <i>Complete 'GP shared care acceptance form' and return to GP</i> ➤ <i>Complete psychosocial screen</i> <p><i>Refer back to GP with completed patient record card (yellow card)</i> <i>If unsuitable for GP shared care, inform GP by fax or phone.</i></p>	<p>Antenatal classes</p>
GP 16-28 wks (monthly visits)	<ul style="list-style-type: none"> ➤ Routine antenatal visits ➤ Breastfeeding - refer if previous problems <p><u>FETAL MORPHOLOGY ULTRASOUND.</u> 18-20 weeks. Change dates <u>only</u> if ultrasound is ≥ 10 days different to menstrual dates</p> <p>Ensure copy of Ultrasound Result is sent to ANC</p>	<p><i>Discuss U/S result</i></p>
GP 28 wks	<ul style="list-style-type: none"> ➤ Routine GP antenatal visit ➤ Remind RH negative woman anti-D prophylaxis due at 28 – 30 weeks depending on hospital, after the antibody screen <p><u>28 WEEK ROUTINE INVESTIGATIONS:</u></p> <ul style="list-style-type: none"> ➤ FBC ➤ Antibody screen – for Rh negative women ➤ All women to have 50gm Glucose Challenge <p>Ensure copy of Pathology Results is sent to ANC</p>	<p><i>Explain all tests & results</i></p> <p><i>Common discomforts in pregnancy</i></p> <p><i>Pelvic floor exercises & bladder issues in pregnancy</i></p>
ANC 30 wks	<p><i>Review results of all investigations</i></p> <p>28 – 30 weeks prophylactic Anti-D</p>	<div style="background-color: black; color: white; padding: 5px; display: inline-block;">1st</div>

PROVIDER	ACTIVITIES AND CONSIDERATIONS	EDUCATION
GP 32 -34 wks (fortnightly visits)	<ul style="list-style-type: none"> ➤ Discuss breastfeeding and refer if previous problems ➤ Routine prenatal visits ➤ Remind RH negative woman anti-D prophylaxis due 34 – 36 weeks depending on hospital 	Breastfeeding information – positive reinforcement
ANC 36 wks	<ul style="list-style-type: none"> ➤ Assess fetal growth, presentation, etc. ➤ GBS Screening – Take low vaginal swab as indicated by hospital protocol ➤ 34 – 36 weeks prophylactic Anti-D 2nd 	
GP 37- 40 wks (weekly visits)	<ul style="list-style-type: none"> ➤ Routine prenatal visits ➤ Refer to hospital antenatal breastfeeding groups if needed 	
ANC 41 wks	<ul style="list-style-type: none"> ➤ Assess suitability for induction of labour (IOL) ➤ Arrange/book IOL as appropriate ➤ Organize ongoing fetal welfare assessment as appropriate 	
GP 6 wks Postpartum	<ul style="list-style-type: none"> ➤ Postnatal visit ➤ Pap smear if due, Investigations if required, ➤ Assessment – maternal mental health status ➤ Book baby assessment and Immunisation (8 weeks) ➤ Breastfeeding management - refer if problems 	Child & Family Health Centre & postnatal supports Immunisation / SIDS

 **RESOURCE NUMBERS** 

SERVICE	SUTHERLAND	ST GEORGE	Royal Hospital for Women		
Antenatal Clinic	9540-7245 ANC	9113-2162 Bookings	9382-6016 Liaison Midwife		
	9540-7240 Reception	9113-1495 Coordinator	9382-6048 Appointments		
	9540-7286 Reception	Tues & Thurs	9382-6047 NUM		
	9540-7304 Fax	9113-3765 Fax	9382-6118 Fax		
Delivery Suite	9540-7981	9113-2126	9382-6100		
	9540-7982	9113-2125			
	9540-7941 Fax				
Birth Centre	9540-7982 Birthing Rooms	9113-3103	9382 6116		
Ultrasound	9540-7647 Bookings/Enquiries	9113-3500 Enquires	9382-6080		
	9540-7644 Reception	9113-3585 Bookings			
	9540-7643 Fax	9113-3980 Fax			
Mental Health	9540-8828 Social work	9113-2488 Perinatal Mental Health	9382-6665 Perinatal psychiatry		
	9540-7474 Access		9382-6670 Psychosocial screening		
	9540-7831 Acute team (ACTT)				
Physio-therapy	9540-8300 Enquiries	9113 -2163 Enquiries	9382-6540		
	9540-7717 Fax				
Genetic Counseling	9113-3635	9113-3635	9382-6098		
Drug & Alcohol Counseling	9540-7668	9113-2944 CUPs Service	9332-8777 CUPs Service		
	9540-7262 CUPs Service				
MotherSafe	The Statewide Medications in Pregnancy and Lactation Advisory Service (02) 9382 6539 or for residents outside Sydney FREECALL 1800 647 848				
Hospital Lactation Supports	9540-7913 Maternity	9113-1111 page 181 Dianne Mills	9382-6341 Lactation Consultant		
		9113-2162 Parent Education	9382-6541 Parenting Education		
Early Pregnancy Clinic	9540-7111 Contact registrar O&G registrar page 125	9113-2162 8.00am – 8.30am Monday-Friday	9382-6701 0730 hours Monday-Friday		
Breastfeeding & parenting support	Australian Breastfeeding Ass (ABA) 8853-4999	Karitane 9794-2350	Tresillian 9787-0855 (24 hour)	Parent Line 13 2055 (24 hour)	Child & Family Health nurse Refer to your nearest centre